

**Specialist support for adults and children
impacted directly or indirectly by sexual
violence or abuse at any time in their lives.**

Between April 2022 and March 2023



Referrals

1477 people were referred to our service.



Demographic

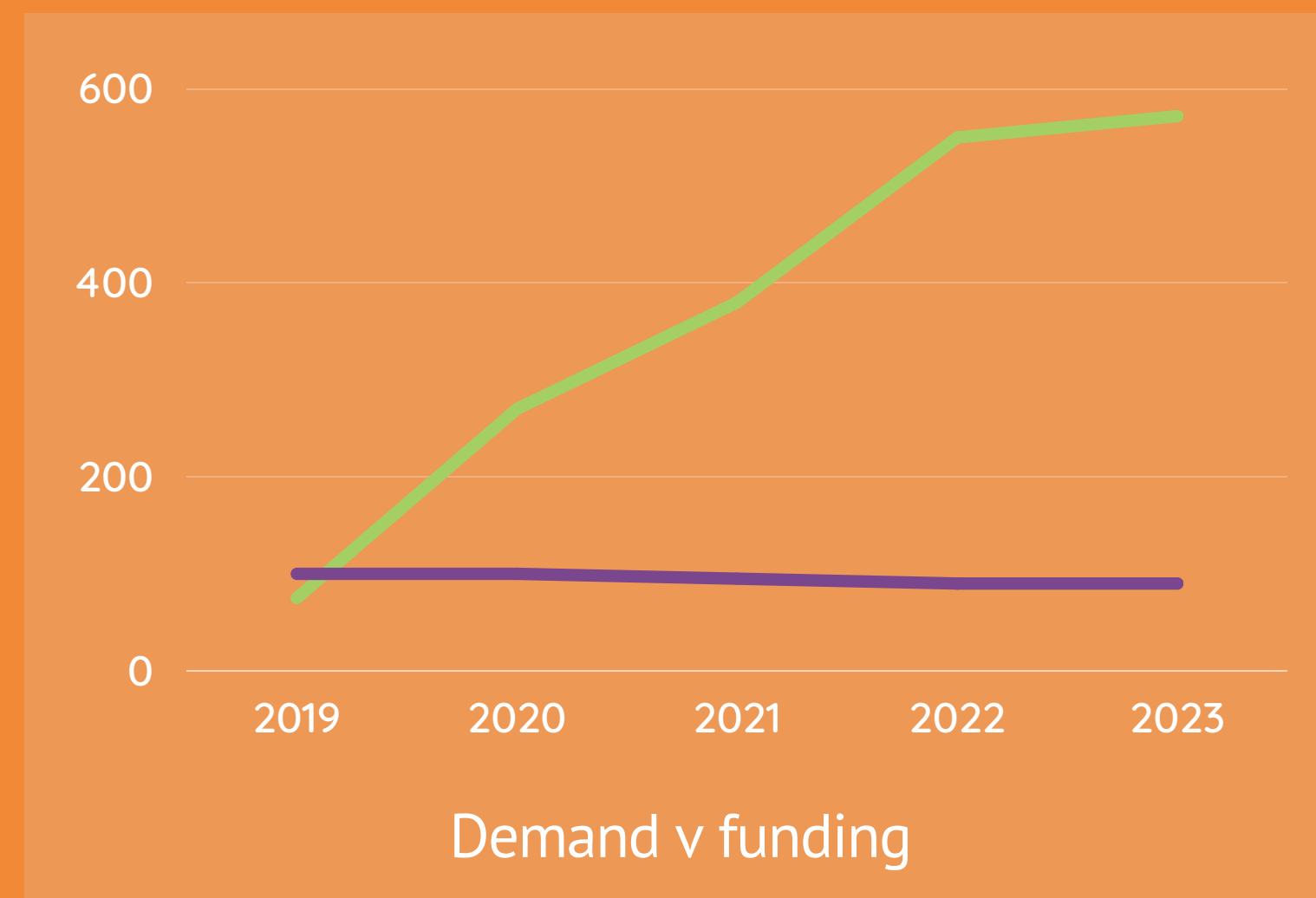
Over 80% were women, and those aged 18 to 34 the largest age bracket.



Nationally

1 in 4 women, 1 in 6 children and 1 in 18 men have been raped, sexually abused or sexually assaulted.

More than 92% of perpetrators are known to their victims.



499%
Increase in referrals

10%
Decrease in funding

14
month
Wait for support



CONTENTS



Counselling and Therapy



Crisis and Advocacy



Outreach



Training



Fundraising



Plans for 2023/24

Mission:

To improve the lives of people in Coventry who have been impacted by rape and sexual abuse, enabling them to survive and thrive in life.

Counselling and Therapy

The most support I have ever had in 29 years of life. I am so grateful for the empathy, support and thoughtful approach.

1043

Referrals into counselling (including SARC). This is a 23% increase from last year.

26%

Of referrals were **children under 18**

572

People **waiting for counselling**. An increase of 15% from last year.

156

Clients accessing new **pre-therapy workshops**



New **triage process** will be introduced to reduce number of people waiting for initial assessment



Funding secured to deliver:

- post service support groups for women, men and young people.
- pre-therapy support for young people



Children in Need funding for one-to-one counselling and therapeutic play sessions.

Thank you for helping me when it felt like no one else could



Crisis and Advocacy

*The support I received
made me feel like I
wasn't alone.*

*I don't think I would have
got through this without
CRASAC by my side.*

434

Referrals

into the ISVA service

661

Clients

supported by the team



Involved in Operation Soteria as part of the Government's End to End Rape Review



Input into Rape Crisis Report 'Breaking Point' on the impact of the Crown Court backlog and trial delays on victims and survivors.

53

Caseload

average per team member

95%

Engaged

with the criminal
justice system



Outreach

60

Events attended

Including regular family hub drop-ins, community festivals, wellness groups and charity events.

56

Prevention workshops

delivered across **14** Coventry primary and secondary schools and reached **1840 pupils**



New outreach programme for **disabled communities** in development.

An important session for all our pupils. Engaging discussion topics and activities. Very necessary and very well delivered.
Class teacher



No means no. Every time. This workshop was helpful and I learned a lot.
Year 7 pupil



Training



New Training Officer in place and bespoke courses delivered to 119 learners in Local Authority housing and social care groups, schools and the police.



New bookable Sexual Violence Awareness training programme developed for delivery 2022/23.



Increase the variety of courses on offer and introduce new delivery formats including online and recorded webinars.

An engaging session with interesting content. The speakers were brilliant. I left the session feeling frustrated, angry and upset by the situation, but that suggests the message was powerful and landed with impact.



Fundraising



£18,340 raised through external fundraising and supporter activities which included:



Taking part in the Big Give Christmas Challenge



Lord Mayor's Charity **Afternoon Teas**



Warwick University student groups' fundraisers.



One off **project grants** also received from Coventry General Charities, Churches trust and Citizen Community Fund





Plans for 2023/24

Our strategic priorities remain:



Develop and deliver sufficient high quality **responsive services** capable of meeting need and demand including **prevention and awareness activities**.



Influence policy to address the causes and consequences of gender based sexual violence.



Ensure a high quality and **sustainable** organisation capable of growth.

Key projects:



Launch **training programme** for individuals and organisations



Develop corporate income generation and **fundraising strategy**



Provide **pre-therapy and post-service** support for young people, women and men waiting to access CRASAC services and beyond.



Expand work with schools on the **young people's prevention project**



Deliver an animation led **upstander campaign**.